



2-day
workshop
Ghent, Belgium

MACS-Lifting,
Microfat, SNIF,
Nanofat & Croton Oil Peeling

by Dr Patrick TONNARD, Dr Alex VERPAELE & Dr Richard BENSIMON

Friday-Saturday
April
5-6 2019
Ghent, Belgium

On Friday and Saturday April 5-6th 2019
Coupure Seminars is very proud to organize the sixth workshop on “**Centrofacial Rejuvenation**” with Dr Patrick Tonnard, Dr Alexis Verpaele and Dr Richard Bensimon, who will teach their methods extensively, both theoretically and practically. The workshop consists of a full day theoretical lecturing on Friday, followed by several live surgical demonstration cases on Saturday.

SPECIAL GUEST SPEAKER

Dr. Ramon Llull Cerda, PhD



Plastic Surgeon, Mallorca, Spain

PRACTICAL INFORMATION

Course fee: € 3.000

Limited attendance
Ghent, Belgium

info & registration:
www.coupureseminars.com





Fat grafting was popularized in the 90's by Sydney Coleman, however there is still debate about the modalities, methods and exact positioning of the facial fat grafting. Microfat Grafts harvested with specialized microcanulas deliver superior predictability and less morbidity, especially under the thin periorbital skin. This method of centrofacial rejuvenation has revolutionized our practice and now is included in almost every facial rejuvenation case. In periorbital rejuvenation microfat grafting has become a standardized procedure (Augmentation blepharoplasty)¹. Fat is injected with specific blunt microcanulas, but also with sharp needles in the intradermal level ("Sharp

Needle Intradermal Fat grafting (SNIF)"². Our most recent development in the use of autologous fat is the Nanofat technique³: the stromal vascular fraction and adipose derived stem cells are mechanically isolated from the adipose tissue and used for skin quality enhancement. The method does not involve any expensive machinery or devices in which the authors would have a financial interest.

Restoration of the skin surface quality can be done with a variety of techniques. Lasers, both ablative and non-ablative are very much promoted by the industry and deliver variable results, but unvariably at a very high expense. Chemical peel-

ings are very inexpensive, but results are very operator-dependant.

The most powerful chemical peeling was the phenol peel, but was greatly abandoned due to a high incidence of permanent depigmentation and skin texture changes. New formulations with an emphasis on different croton oil concentrations were published by Richard Bensimon⁴. The results of this peeling both on skin surface and dermal quality are clearly superior to any physical or chemical resurfacing method. Dr Bensimon has developed a very straightforward and predictable method of applying the croton oil peeling for several indications

(1) Augmentation blepharoplasty. Patrick TONNARD, Alexis VERPAELE, Assaf ZELTZER. Aesthetic Surgery Journal, 2013, Volume 33, 3, p 341-352

(2) Sharp Needle Intradermal fat grafting (SNIF). Assaf ZELTZER, Patrick TONNARD, Alexis VERPAELE. Aesthetic Surgery Journal, 2012, Volume 32, 5, p. 554-563

(3) Nanofat Grafting: Basic Research and Clinical Applications. Patrick TONNARD, Alexis VERPAELE, G. PEETERS, et al. Plastic and Reconstructive Surgery, 2013, volume 132: 1017 - 1029

(4) Bensimon, R.H., Croton Oil Peels, Aesthetic Surgery Journal, 2008; 28: 33-45